



# SYLVIE ROKAB

Film Director & Visionary Speaker

*Conscious content that inspires and transforms*





## Film Director & Visionary Speaker

### Biography

With the Atlantic Forest and rocky beaches as her backyard, Sylvie was born in Rio de Janeiro and raised by French and Italian–Egypt-born–parents who encouraged her fascination with nature. Heartbroken by its rapid destruction, as a young adult she made it her mission to inspire people to deepen their connection with the natural world. After moving to the US Sylvie became a wildlife cinematographer and filmmaker.

Today, Sylvie is an Emmy nominated, award-winning filmmaker with 20+ years experience as a director, producer, cinematographer, editor and writer - working on films that screened in movie theaters, universities, and community screenings, as well as on television outlets such as HBO, PBS, Travel Channel, and Discovery.

Narrated by *Liam Neeson*, her latest film **LOVE THY NATURE** received critical acclaim including 27 awards, and had nearly 300 screenings in 140 cities in 16 countries. An engaging speaker and teacher, she has lectured at over 60 venues, from film festivals, to universities and conferences. As a forest therapy guide in the Japanese tradition of “Shirin-Yoku,” she also leads adults and children in an embodied and sensorial exploration of the beings around them.

A world traveler fluent in 4 languages, Sylvie seeks to inspire a diverse audience to transform their relationship with nature and ignite a desire to protect our vital and spellbinding natural world.



# About LOVE THY NATURE

“Breathtaking... Enthralling!  
It will replenish your hope in mankind and nature.”

Avi Offer - *Rotten Tomatoes critic*

## LOVE THY NATURE

Liam Neeson  
as the voice of Sapiens

*Come alive!*



Narrated by LIAM NEESON, LOVE THY NATURE points to how deeply we've lost touch with nature, and takes viewers on a cinematic journey through the beauty and intimacy of our relationship with the natural world. The film shows that a renewed connection with nature is key to our health and the health of our planet.

- 287 screenings in 140 cities in 16 countries
- Press in 37 publications
- Director's Speeches at over 100 venues Worldwide

### WINNER OF 27 AWARDS INCLUDING

- OUTSTANDING ACHIEVEMENT– HUMANITARIAN AWARD at Indifest Film Awards
- 3 EXCELLENCE AWARDS at Accolade Global Film Competition
- 4 PLATINUM AWARDS at Int'l Movie Awards

“*Love Thy Nature* will light up your neurons, change your breathing, and deeply connect you to those you're with. The story will stay with you for a long time, because it's yours.”

Wallace J Nichols, Ph.D. – *NY Times* Best-selling Author

# MULTI-MEDIA REACH

*“My mission is to advance the nature-connecting movement, for two reasons. First, there is only one way society will make environmentalism its default mindset: when people have an intimate relationship with nature. We only protect what we love. Secondly, a relationship with nature makes us healthier, happier, more connected, and more alive human beings.”*

Los Angeles Times

HUFFPOST

THE  
*Hollywood*  
REPORTER



the village  
VOICE

The New York Times

ELUXE  
MAGAZINE

ORGANIC  
media network

BROWARD PALM BEACH  
New Times



SPIRITUALITY  
& PRACTICE  
RESOURCES FOR SPIRITUAL JOURNEYS

LA YOGA

Rotten  
Tomatoes

PALISADES NEWS  
*Uniting the Community with News, Features and Commentary*

on earth

VC Star.  
PART OF THE USA TODAY NETWORK



## *Village Voice*

“Lush Environmental Doc ‘Love Thy Nature’ Dares to Offer Some Hope

Love Thy Nature tackles questions of our role on Earth, our part in its care and destruction (as well as our own health), and how we might refrain from destroying it... Rokab alternates between hopeful and grim prognoses, mercifully providing a measure of hope and possibility that many films of this ilk do not.”

## *Los Angeles Times*

“Filmmaker Sylvie Rokab... sees the light at the end of the tunnel through a biological revolution focusing on biomimicry... in which sustainable technology is informed by nature’s models and designs..”

## *Rotten Tomatoes*

“She finds just the right balance between entertaining you while provoking you emotionally and intellectually. Never... too exhausting, heavy or dull.”

## *Palisades News*

“A visually stunning and gently moving piece that reminds viewers how necessary a connection to nature is both for our species as a whole and each individual person.”

## *An Organic Conversation*

“A beautiful reminder of the gift of life...”

## *Educational Media Reviews*

Love Thy Nature is a very inspiring and informative documentary that offers an immense contribution to public understanding of nature and emphasizes the significance of the reconceptualizing of human attitudes toward the natural world.

## *Reel Honest Reviews*

“Love Thy Nature is different... this film gives us more than knowledge, it gives us hope. And with hope, we may just give our children and grandchildren a better world.”



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Hollywood Film Festival · Laemmle Theaters  
National Park Service · Cinema Paradiso · Carnegie Hall  
Thessaloniki International Film Festival  
Long Island University · Millersville University  
American Documentary Film Festival · BuddhaFest  
Illuminate Film Festival · Sedona Film Festival  
Aero Theater · Monmouth University · Santa Monica College  
La Femme Film Festival · Light Up the Queen

## KEYNOTES · WORKSHOPS · SEMINARS · PANELS

Green Festivals · Montgomery County Community College  
Center for Spiritual Living · Bloomsburg University  
Reading Area Community College · Olandar Foundation  
Mary D. Fisher Theatre · BlackRock Center for the Arts  
Boston International Film Festival · Pomona College  
FilmAmbiente · Wayne Theater · Rafael Film Center  
Vogue Theater · New Parkway Theater  
Sonoma Film Festival · Richmond International Film Festival  
Frozen River Film Festival · Ojai Film Festival  
Cinema Verde Film Festival · Fort Lauderdale Film Festival  
National Association for Interpretation Conference

*“When you find yourself connecting more deeply with nature, you ultimately end up connecting more deeply with yourself and to those around you.”*

Sylvie’s Speaker Reel: <https://vimeo.com/253752475>

Love Thy Nature Trailer: <http://lovethynature.com/#trailer>

Love Thy Nature - feature length (ask us for a private link of the film)

Behind the Scenes Giggles (for fun): <https://www.youtube.com/watch?v=UkjinMKBIUD8>

# Praise for Sylvie Rokab + LOVE THY NATURE

Photo: Roberto Rokab

*“At a time when students often feel hopeless about their future and the planet they’re inheriting, Sylvie’s brilliant, well-researched, and passionate talks fill them with hope, possibility, and motivation. I could not recommend a speaker more highly.”*

Sheila Laffey, Ph.D. - Santa Monica College

*“An inspirational work of art by a consummate filmmaker whose heart will move you deeply.”*

Michael Tobias, Ph.D. - Ecologist and Filmmaker

*“Love Thy Nature is an urgent but stunningly beautiful meditation on our connections to the natural world... everyone should see this profound, timely, and extraordinary film.”*

Joel Reynolds - NRDC (Natural Resources Defense Council)

*“Rokab started out 22 years ago as one of the industry’s few female cinematographers... While she enjoys directing now, she still brings her cinematography experiences to her films, capturing unique shots of nature and wildlife.”*

Aaron Seaney - StarHerald

*“Sylvie Rokab has created a visually stunning, soul stirring, and timely documentary... Very innovative and thought provoking.”*

Frederic and Mary Ann Brussat - Spirituality and Practice

*“Deeply provocative... Rokab flips over every stone and gently focuses the lens inward, encouraging a self-view that we are nature, not her master. Seducing viewers with exceptional production quality, riveting cinematography, and narration by Liam Neeson as the character Sapiens (humankind), Rokab’s message is one of hope rather than blame.”*

Mona M. De Crinis - Palm Springs Life

